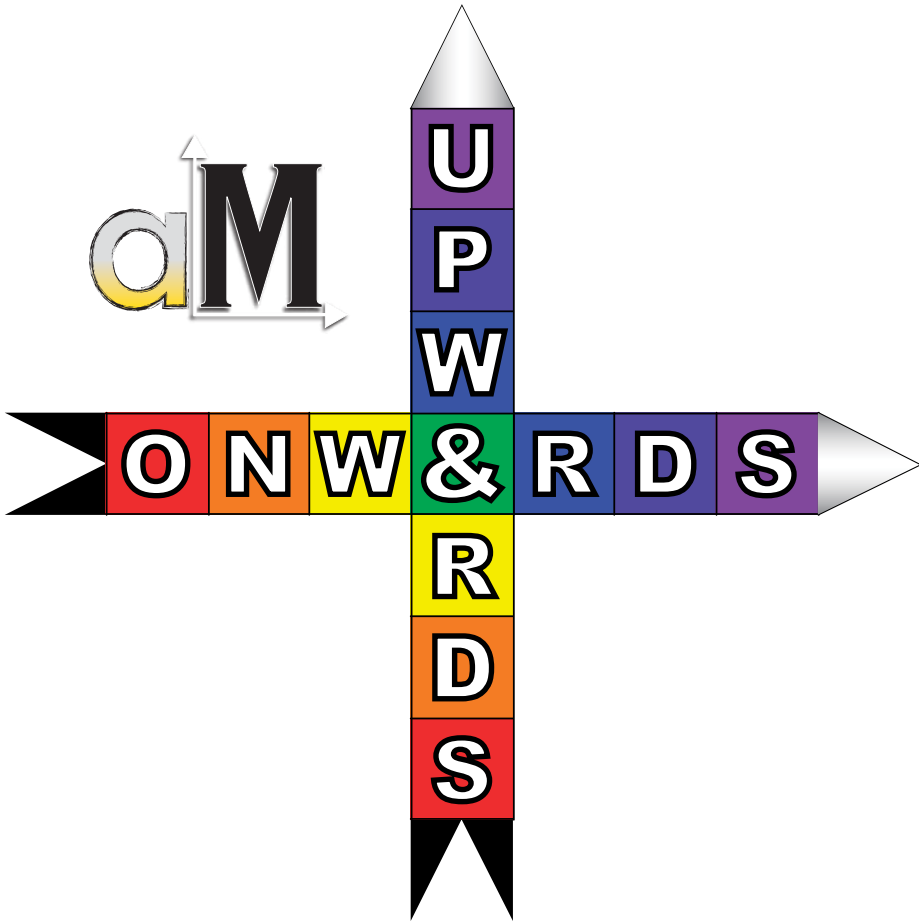


AM



"Endurance is one of the most difficult disciplines, but it is to the one who endures that the final victory comes."

- Buddha

TRACK YOUR DAYS



A Good Day

or



Tomorrow Is A New Day

Or even just a simple or will do.

Month: _____ Year: _____

| m | t | w | t | f | s | s |
|---|---|---|---|---|---|---|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |