

Alcohol Mastery

Is Drinking Affecting Your Reputation?

Video Transcript

This is Alcohol Mastery, my name's Kevin O'Hara, and this is the fourth installment of the Johns Hopkins 20 Questions... is your drinking affecting your reputation?

Reputation is one of those things that you have one outside of your home and another one inside of your home.

For me, I was always self-employed, so nobody could sack me if I went and had a drink at lunchtime or I took half a day off.

The same with where I used to live. I never really gave a shit about what my neighbors thought about me.



But I had a wife and son so it was always at the back of my mind that I didn't want them to be singled out for abuse because I was a drinker.

Your reputation and your character are two completely separate things.

Your reputation is what other people think about you and your character is what you really are.

And your kids can see that in you, they know what your character is, but at the end of the day, if they see you being pissed all the time then your reputation with them is going to sink a little bit.

I know what it's like to have financial difficulties partially because of drinking.

I've had to move out of a couple of different houses because I couldn't afford to pay the rent, we had to move on because we got into arrears.

I've also had the electricity cut off a couple of times.

On one occasion, when my son was there, I had to sort of tell him that we were playing a game, that it was make believe, we were gonna get the candles out and pretend that we were on pirate ships.

I've grown up and spent most of my life in Ireland and England.

In Ireland, I spent 20 years living in the west of Ireland in a small village.



The village had a post office, a police station, a church; it had a small shop, and five pubs.

So the pubs were the focal point, everyone drank, most people drank, 95%.

And you really only got a bad reputation if you didn't drink.

Now I'm living in Spain, and it's like chalk and cheese, it couldn't be more different.

People here go out with their families, they enjoy going out for a meal and they have a glass of wine with the meal.

It's the English and Irish over here that you see drunk and it's only a very small minority at that, but that's all it takes to give the rest of us a bad reputation.

Ok, that was the fourth installment of the Johns Hopkins 20 questions, "Is your drinking affecting your reputation?"

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