



## Does Drinking Make You Care Less For Your Families Welfare?

### Video Transcript

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This is Alcohol Mastery, my name's Kevin O'Hara, and today I'm going to be talking about the eighth question of the Johns Hopkins 20 questions which asks are you an alcoholic.

This question asks does your drinking make you care less for your family's welfare.

This one really hit a brick wall for me...

I'm not going to talk about this too much because it's a sore subject for me, it's gonna be a sort subject for anyone and I can't do it justice with a two minute video...



What I will say is I'm looking at this from a retrospective point of view, I'm looking backwards after I've given up the drink, and these questions are meant for people who are trying to decide if they are an alcoholic or not.

And I have to say if I took this one beforehand, I wouldn't have answered yes, I wouldn't have admitted that my drinking was causing my family any problems at all.

When it boils down to it, alcoholism is a disease of the family.

Addiction is a disease of the family, so regardless of whether it's alcoholism, or its drug addiction, or its sex addiction, or gambling, it all affects the family.

If you've got a family and you're obsessed with something else, then you're not going to be spending the time with the family while you're obsessing.

So that's all I'm going to say about this one, go over to the website, I've written a bit more.

It's a bit easier to write about than to talk about.

Just take this one very seriously; this one is one of the more important ones.

If you need any help at all, please contact me and I will help you.

You can contact me through the website, or even leave a message for me here on YouTube.



So, until the next question, my name's Kevin O'Hara for  
[alcoholmastery.com](http://alcoholmastery.com)

